



Hello. My name is Rose and I am thrilled and honored to be part of Alternative Choices in Buena Vista, Co. I am originally from PA, and have recently married and moved to the West. I am here to serve the community of Buena Vista.

I am offering several types of treatments and classes here at the healing center, including Reiki and Reflexology. If you would like to know more about either of these wonderful healing modalities, please see my website at www.rockymountainreiki.com or email me at rosesreflexology@gmail.com

I also offer specialty treatments that include combination treatments of Reiki and Reflexology and a Lymph Reflexology Detox treatment. All of these are described on my website.

If you are interested in learning more about Reiki or taking a class, I plan to offer information workshops about Reiki and classes in Reiki for the community, both at Alternative Choices and other locations in the community.

I look forward to the possibility of meeting you and helping you to gain a greater sense of wholeness and wellbeing.

If you have questions or want more information, please contact me. Thank you.

Rose O'Connor

www.rockymountainreiki.com

rosesreflexology@gmail.com

610-454-8114

Below is a summary of my education and background:

BS in Health Science with a Concentration in Alternative Medicine, West Chester University

Usui Reiki Master Teacher, Inner Light Holistic Center, PA

Nationally Certified and Licensed Massage Therapist and Bodyworker, Cortiva Institute, PA

Advanced Integrative Reflexologist, Claire Miller Seminars, NC

Registered Yoga Teacher, The Light Within Yoga, PA