



THE TENDERFOOT Times

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SALIDA HIGH SCHOOL

Salida, Colorado 81201

VOICE OF THE SALIDA SPARTANS

Longfellow design nears finalization

Kyle Fowler
Staff Reporter

Salida's Longfellow Elementary School is well on its way to start the building process since the BEST Grant was approved last November's election.

Once the school board got the go-ahead for the new school, the Design Action Group (DAG) began working out all of the kinks that come with trying to build a new school.

Some of the members of Longfellow's new DAG Committee have watched the high school go up and have taken tours in order to get a better idea of what they want for their new school.

Some of the school's teachers serve on the committee and are involved every step of the way with the planning and layout of the new school.

The members of the committee are there especially to make sure that the architects and the designers will build a school that will be functional for the students and staff.

“It's going to be a beautiful school with lots of windows and it's going to be clean and healthy.”

-Penny Kitson
Longfellow
Computers teacher

The elementary school is nearing the end of the design phase and should be finalizing the design sometime around spring break in order

to start getting construction estimates on the new building. Even though the interior design is not near completion there has already been a problem with the size of the classrooms.

“The classroom size is decreasing in order to increase the hallway size. It's called flex space,” said Sally Tamer, second grade teacher at Longfellow Elementary. “Intermediate teachers are okay with the idea but the primary teachers wanted the bigger classrooms,” she continued.

Teachers at the elementary school are still extremely excited for the new building. “I'm thrilled,” said Penny Kitson, computer instructor.

Kitson continued, “I'm excited about the whole project. It's going to be a beautiful school with lots of windows and it's going to be clean and healthy.”

Both Tamer and Kitson are excited about the cleanliness of the new school, which will come from a variety of aspects such as new furniture and the ability to have better airflow throughout the school.

The new building will be placed on the current third and fourth grade playground because of “drainage issues.”

In order to fit into the space, the building will be partially two stories. The playground will also differ slightly from how it is now.

“There will still be playground equipment but there will also be more natural features,” said Tamer. These features will include logs in the ground and slides build into the hills on the playground.

The school is following a theme of the mining and the

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Casablanca adapted for school stage



Photos by: Riley Donovan

ABOVE, JUNIOR ORION GAMBER, playing the role of Victor Lazlo, sits in Rick's Cafe with senior Annie Deveney, who plays the role of Ilsa Lund.

LEFT, SENIOR ISAAC STACKONIS, playing the role of Lois Renault sits with junior Avery Martinez who plays the role of Rick Blaine. Martinez pitched the play to director Devon Jencks and adapted the screen play to fit Salida High's drama club.

Other major actors included juniors Adrian Ramsey as Major Strasser and Michael Ricci as Ugarte.



The Salida High Drama Club presented *Casablanca* March 15-17. The play was an homage to the movie, a best picture nominee for the Oscars in 1942.

Casablanca follows the lives of several people throughout the Nazi invasion of Europe who become trapped in Casablanca, a haven for refugees hoping to make the last flight to America.

There are many strange characters in *Casablanca*, including Rick Blaine, cynical

American ex-patriot, nightclub owner; Sam, Rick's closest friend; Ilsa Lund (senior Annie Deveney), the most beautiful woman to ever reach Casablanca; and Victor Laszlo, head of the underground movement and leader of the resistance cause.

These people interact with Major Strasser (senior Isaac Stackonis) of the Third Reich and Louis Renault (junior Adrian Ramsey), Prefect of Police in Casablanca.

When a man named Ugarte

comes to Rick for help hiding important documents, and is arrested, Rick becomes a sort of judge. He holds the balance of escape to the new world for Laszlo, the head of the Resistance and necessary to success against the Nazis.

Will a heartbroken Rick help Laszlo? Who is Lund? And who does finally make it out of Casablanca?

It becomes a game of chance as they fight for survival, and for the chance at America, and the new world!



TCAP events
make the tests less
stressful
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ACT
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Sports
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Waitressing



Robin Petersen
Staff Reporter

I thought I was pretty good at dealing with people until I got a job. When I started my first job in November of last year, I thought it would be no big deal to take people’s food orders and get them drinks. I don’t think I have ever been more wrong about something in my entire life.

I thought my life would be that of a cliché movie, carrying trays without feeling their weight and taking orders from nice people who leave a generous tip.

My job is the opposite. I am proud to say that I didn’t drop a tray full of drinks until I had been working there for over three weeks, and it takes a lot of balance to not spill everywhere. But like any job, being humiliated in a restaurant full of people or doing something ridiculously stupid is like an initiation.

While mopping up my mess, I realized that messes can always be picked up, something that I know far too well now. Just like any other waitressing job, cleaning tables is a requirement a person needs in order to gain their glorious title.

When I first started, it surprised me at how much of a mess can be made when two adults eat simple food like pizza. They can go through

five salad plates with the remnants of ranch dressing and sunflower seeds left on them and scattered all over the table, or they can forget how to use the salt and parmesan shakers and end up leaving the table covered with a thin layer of white.

While I clean table after table, I’ve noticed people are creatures of habit. I notice the most insignificant things about them like what they do with their straw wrappers.

Every time I clean a table, I have to make sure to shake the self-standing drink menus, and most times I come across the same thing. People have rolled up their wrappers into a little ball, and then stick them out of their way, which means sticking them in the tiny space that is under the drink menus. This is a very small, stupid thing, but it happens all the time.

The majority of my time that I spend at my job, I am talking and interacting with people. Whether it is getting them a refill, or answering the many questions people ask, I have learned how to deal with any type of situation.

Some people can be very demanding. I may be thinking “Wow, could you be any more annoying?” but I always smile and tell them that it is no problem as I walk away from their table.

You could say that my job isn’t ideal, but I’m glad I have one. It has allowed me insight into the rest of the world after high school and college.

While I don’t necessarily aspire to become a waitress after college, I will be able to take everything that I have learned at my job now into the rest of my life after I am out of school.

Hashtags have online rules to follow



Ashley Potts
Sports Editor

I know my fellow teenagers are fairly aware of the ins and outs of social media. Yet there is one part I still feel like I need to explain: hashtags. I thought this was a simple idea, but people always surprise me.

The run down I gave my grandmother was that hashtags are something originally used on Twitter. You put a pound, or number, sign in front of your phrase, which you type with no spaces and no punctuation.

A company or account will tell you to use a hashtag in

your tweet if you are tweeting something they want to see. They can then search for the specific hashtag and, lo and behold, an enormous list of tweets using said hashtag will appear.

Once you type a hashtag and submit your tweet to the Twitter gods, it creates a hyperlink anyone can click to see that same type of list.

People have also started to create their own hashtags that have no purpose whatsoever if clicked on. I don’t think all that many people are going to use the hashtag #TangledIsMyFavoriteMovieEvenThoughImA-17YearOldGuy. Why can’t you just say that in normal words? Hashtags aren’t a form of self expression, they’re yet another way to share information.

While hashtags can now be used on Pinterest, Tumblr and Instagram, they still can’t be used on Facebook.

I repeat, hashtags do nothing on Facebook...except make people hate you a little bit.

This is because a working hashtag creates a hyperlink. If you use one somewhere and it doesn’t do that, you’re wrong.

My personal favorite hashtaggers are the Instagram girls. I’ve seen enough no-no’s to publish a novel about. I know they say a picture’s worth a thousand words, but that doesn’t mean you need to restate your whole photo in hashtags. It’s so, so, so unnecessary to use #girl #blue-eyes #mountains because I can see, I get it.

With that being said, #this #is #not #how #it #works. If you have any general knowledge of the purpose of a hashtag you should know that clicking on #is, #a, #the, etc will probably just bring up a bunch of selfies taken by people who misuse their hashtagging privileges.

Hashtag knock hashtag that hashtag off.

Fifteen days until Dayna is fifteen



Ashlyn Stewart
Editor-in-Chief

Fifteen days from now, on April 3, my little sister will turn 15.

This stroke of coincidence certainly deserves recognition, especially because this will likely be the last birthday I spend at home with her.

Therefore, here are 15 fun tidbits for and about my little sister, Dayna Stewart:

1. She is a #1 sports fan and knows all stats, rules, and regulations for every sport.
2. She owns probably 25 bottles of nail polish
3. Three is her lucky number, which is cute because mine is four.
4. I wish I could see the cool persona she has with her classmates.
5. I hope she can teach me how to be cool in the five months I have before college.
6. She is really good at math, which is utterly unfair.
7. She has achieved my life-long dream of being 5’ 7,” which is also uncalled for.
8. She had the worst Disney World trip ever when she was eight. Ask her about it.
9. Thunder storms still freak her out.
10. I can’t wait until she outgrows only listening to the top 10 songs and expands her mind and Pandora playlist.
11. She clearly got her snarky wit from me.
12. She is the best person to watch play intense Wii games.
13. She invents ridiculous 14-year-old sayings like, “heck no, techno!”
14. Maddie and I only have two weeks to condescendingly call Dayna a 14-year-old, so we better make the most of it.
15. Happy early birthday, Dayna! I love you!

Yay

- To massive spring sports participation!
- To Casablanca, including all the students who work behind the scenes!
- To having two Boettcher Scholars this year!
- To Mrs. Lamont and Mrs. Moore nearing the end of the countdown to their due dates!
- To students discovering alley parking!
- To TCAP grand prize winners!

Nay

- To being inside when the weather is absolutely splendid.
- To having to make decisions.
- To shattered phone screens.
- To filling out countless scholarship applications.
- To laptops without printing capabilities.
- To doing 4th quarter work when you just want to be done.
- To the teachers dominating the staff vs. student game. Step your game up, students!

Tenderfoot Times

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PUBLICATION

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McCoy questions teens and makeup

Why do girls insist on covering their natural beauty?



Haley McCoy
Staff Reporter

Naturally, in a woman's youth she is wrinkle free, fresh looking, and beautiful. Teen girls, including myself, ruin that fresh look by adding makeup to our already vibrant eyes and complexion.

Ever notice that all the spokesmodels for Maybelline, Cover Girl, Revlon and Rimmel London are young, beautiful celebrities like: P!nk,

Rihanna, Gwen Stefani, and Zooey Deschanel? You don't even know if they are truly wearing that brand of makeup they're selling, let alone if they even need it.

Ladies in their thirties and forties go in the opposite direction, especially in laid back, casual Salida, and make it seem like makeup is for special occasions and date nights. Whereas our younger generation wouldn't be caught dead in public without adding some mascara and eyeliner.

Teenage girls, including myself, rely on beauty products to make them look and feel more mature. Having a natural face shows true beauty and confidence, which is something most of us don't seem to have, unless hiding behind makeup.

Since makeup is now an everyday thing in high school,

not wearing it makes a girl stand out from everyone else. If none of us wore it, we would all be on the same level and save ourselves a lot of time and money!

Why can grown women, like our moms and our teachers, walk into the store, with their hair in a knot, sweats and no makeup on, yet feel comfortable in their own skin, but younger looking girls can't?

We feel pressured to fit in, to please people, when our own natural appearance should please ourselves and others just fine. I want to feel as comfortable and confident in my own skin as these women in our community.

If our mothers, teachers, or any other women don't feel the need for makeup, then why would young ladies need it? We don't.

Silverstein poems recreate memories



Kyle Fowler
Staff Reporter

Even as a senior, I believe that I'm still a child at heart... sometimes. I'm definitely mature and know when to buckle down to get work done, but I still hold on to little bits and pieces of who I was long ago.

The only reason I am thinking about this is because of a little misunderstanding in my AP Literature class. We were analyzing a series of short stories and we had to find a poem of "literary merit" which correlated to our story. My story was titled, "A Rose for Emily," which is about this woman who is pretty much in denial and won't conform to the society evolving around her.

She is mentally insane and keeps dead bodies inside her house to snuggle up against whenever she feels lonely. There's the story. Ten pages summed up in two sentences.

Looking through the poetry of what I considered "literary merit," I recalled a poem by, Shel Silverstein, who is, frankly, the only poet I really like.

The poem I found from this author was "Messy Room." Both of the characters are in denial about their lives and blame their faults on others, not confronting the truth but rather hiding behind their messy room, or dead body.

When I showed what I thought was an interesting and unique take on the subject matter, I was shot down. Apparently, my poem was not up to "literary merit" compared to the standards of the AP test. I was astonished and upset at the same time. It was as if my teacher was wearing spiked cleats and was stomping all over my dream plants.

For those who don't know what dream plants are, they are the little dream saplings planted in your mind's hope garden that you water with en-

couragement and wonder until they grow to be full-sized and real. They are amazing until someone stomps on them and kills them. No amount of encouragement water can bring them back after that.

How can he not be up to "literary merit?" Beside poetry, he has written *The Missing Piece*, *The Giving Tree*, and countless others. My teacher said his work would never appear on the AP Test. Though I might differ from her opinion, because I do believe at some point Silverstein will appear on the AP Literature Exam, I still respect it, even if it does hurt my heart a little inside.

This story got me thinking of how I keep clinging to fond memories and experiences, hoping to never forget them.

Old Disney books and Shel Silverstein poetry are still sitting on my bookshelf. Though they might be collecting dust, they still are a part of me, and what made me who I am.

So I might sound childish using "Messy Room" for my AP class, but it doesn't matter to me. Because without my childhood memorabilia, I would have my own missing piece.

Not an excuse for stupid opinions



Catie Wilken
Assistant Editor

As Americans, we're fortunate to live in a country where we're permitted to express our opinions. However, this doesn't give us an excuse to have stupid opinions.

I can't count the times someone has stated an opinion, and when another person reacts to it, they retort with something like, "Freedom of speech," "First Amendment," or "It's my right to have an opinion."

Congratulations to these people for knowing the First Amendment protects citizens from the law when expressing opinions. I'm happy to see they made it through a middle school American History class.

However, they need to stop acting as though the document is a shield for all views in every circumstance, automatically making their arguments

valid and opinions appropriate. The Constitution won't protect someone from judgement, and it doesn't make it so others can't argue with one's opinion.

Yes, you are entitled to an opinion. However, if your opinion is oppressive, discriminatory or disrespectful to others, I am not going to respect it.

The law isn't going to stop you from saying something sexist, racist or otherwise offensive.

However, I'm going to judge you, and I'm not the only one. You are able to express opinions, but you shouldn't use freedom of speech as an excuse to be ignorant.

Be that weird kid



Sienna Rahe
Staff Reporter

"Anyone want this nasty banana flavored Laffy Taffy?"

"Ooh, sure! Those are my favorite!" I reply. Throughout my life, I've always been that kid, the one who likes the weird candy flavors. Liking weird things has always been extremely beneficial to me. Let me ask you: Are the kids fighting over the last cherry lollipop as happy as the kid already licking his banana-mango one? I don't think so.

I've always liked the oddball items, and I probably always will. Lip phone? I have one. Vintage comic books? I may have a few...Weird glass bottles? You bet. A marshmallow on a stick? Let's just say that it may be hanging on my wall. And all of these items? I got them at yard sales or thrift stores, because no one

else wanted them.

Another benefit of having weird taste is the savings you can earn. Most stores have a sale section. People, like me, who thrive on peculiar things can truly reap the benefits of sale sections.

They are usually loaded with the items most people don't care for, which is perfect for a gal like me. Items such as ironic t-shirts, colorful pants, and oddball jewelry are kings of the sale racks.

Don't be the cherry lollipop kid. Try something new. Expand your horizons. You might learn more in life if you try new things, and you might find that you are a little weird, too. Because there is something in all of us that sets us apart from others. So why not express that fact?

Next time you're offered a treat, attempt to try something everyone else might not pick. You might be pleasantly surprised by the outcome and become a pacifist by avoiding arguments.

Normality is the epitome of boring. Don't fit in. Be the weird kid. Be the kid who takes the lollipop no one wants. Just because no one appreciates it, doesn't mean it's not great in every way.

The voice behind the daily announcements



Avery Martinez
Staff Reporter

So, as most of you have noticed, I am the voice behind the morning announcements every day. I'm the annoying guy who tells you what sports teams are leaving when or when your club meets. I'm also that guy who reads the pledge you make fun of and the guy who messes up the pronunciation on the word of the week.

Let me tell you a secret: I find out the announcements as I am reading them.

I don't think you understand that Mrs. Morris compiles the announcements for me right before you hear them.

I get them literally as I'm sitting down to tell you the announcements, which you probably don't even listen to. I have to decipher a message that says, "Me4ting at lunch for 35wsdi clubb."

I don't mean it to be rude, but sometimes teachers are careless when writing notes for me and I have a hard time understanding them.

For example, "Meet today for Kwanski Club, at lucnk

@ The batcave, I mean @ Bechwels room."

And believe me, I do hear you when you say, "Oh, anyone can do that!" or "I could do that."

To be honest, no. No you can't.

I don't think you all realize how hard it is to read a piece of paper to the entire school that doesn't even make sense. Which happens a lot.

Or when you have to battle with people talking in class, or clubs being named very close to each other or a hundred other problems in the time it takes me to shift from "the" to "National Honor Society".

You sit back with your funny jokes, telling me to get with it. You know, when half you guys get in front of people, you clam up. I do it every day and my voice doesn't even shake.

You guys have no room to talk. You can't even possibly fathom the fear I feel everyday as I try to figure out what to say when an announcement doesn't even make sense.

Isaac Stackonis, who went to HOLLYWOOD couldn't get through the announcements without messing up.

When Mrs. Diesslin did them she said it was the scariest moment of her life.

I hope you get it, but you probably won't.

So, just remember that you have a meeting tomorrow. Have a good day and I'll talk to you guys tomorrow.



Memories never leave



Jenny Feng
Staff Reporter

Two weeks ago, a storm covered Salida all of sudden. The first day after the storm, I walked home and the whole world was white; the second day, some snow had melted; the third day, the snow became black mud; the fourth day, snow disappeared.

Snow is a fresh, pure, beautiful, and precious thing to me. When I watched snow fade away, I wondered if everything good in the world disappears like snow. It seems that too many things in the world could go bad. Food goes bad, cars go bad, humans' bodies go bad, sometimes love can go bad.

I still remember how wonderful it was when I first had a real crush on a boy in my first year of high school. However, unfortunately but naturally, this feeling faded after I liked him for a whole year. It was a beautiful love, but it was just gone like the pure and quiet snow as if it never happened.

Friendship went the same way in my life. My best friend in the middle school and I went to two different high schools which were in different districts.

We didn't lose contact, but we seldom met each other

or talked to each other. She made new friends, so did I. I don't admit that we are not friends anymore. However, I have to say something is becoming insipid, and it is just hard to restore it.

Sometimes it is hard to keep something the same, especially something that is not personal. Just like people come and go; things come and go.

But feeling sorry is not the main point. No matter snow, that boy or my friend, they are still in my mind and memory, even though they are not truly or deeply alive in my world and life anymore.

I still remember the warm and shining smile which always appeared on that boy's face. I still recall the times when I chatted with my friend in the cafeteria, I still remember how snow decorated the whole world and made it my wonderland. Every time I start to feel sad and start to miss them, I just dig my memory out and recall everything good.

Sometimes I see old couples walking together and hand in hand. Little ladies with a little hunchback and old men with wrinkled skin. They are not that pretty or handsome anymore. I think the things keep them together are not only so many years' of sharing joys and sorrows of life, but also so many years' of memories.

Memories never truly leave. I always know how wonderful they were. When things disappear little by little, to remember their previous beautiful and gorgeous appearances is the best way to keep them.

Five average pieces of advice for the average high school student



Michael Procko
Staff Reporter

1. You don't deserve what you haven't worked for.

Stop being entitled. The world doesn't owe you anything. While it's true you may have put a significant amount of work into something, if you didn't receive the desired results, you didn't work hard enough.

It is said you can achieve anything you set your mind to, and as much as I hate clichés, this is ultimately true. If you encounter something you can't overcome, it's obvious you're not trying hard enough. So don't get upset and complain. Instead, work harder.

2. You're not going to find yourself in high school.

Among the different cliques, you probably know where you fit in. But if you don't, you're probably wondering which one

you fit into.

The reality of it, however, is that it doesn't matter. Stop trying to find yourself. Great people don't discover their greatness, they create it.

You're a nobody until you work to make yourself the person you wish to be. Do the things you love with passion. Through that, you will find friends who share this same passion. And through these friends, you will find (or should I say create) yourself.

3. School isn't as bad as it seems.

I know this likely sounds like it's been written by a teacher's pet, but it's not. I, for one, understand how much school can suck at times. The difference between you and me, however, is I frequently acknowledge there are much worse things.

Don't go through it with the mentality that you're a prisoner who has to memorize books and facts for seven hours a day. Be there because you're interested.

You'll do better if you don't think of yourself as a slave, and after you graduate, your high school marks are pretty much meaningless (as is all of the other b.s. you'll leave behind). This is a phase we're all required to push through to get to the next step of life.

4. Let go of things.

Love's not worth it if the only thing it causes you is pain. This stands strong with a plethora of other items as well. Friends, family, jobs, sports, etc.

If you recognize it, it has an importance in your life. If it has an importance in your life, you should know how it affects you. If it only affects you negatively, you should respect yourself enough to let it go. You'll be incredibly surprised by how little you miss it once it's gone.

5. Don't fear the unknown.

There are certain adventures -- or misadventures -- that can only be experienced. Reading about them or hearing about them simply does not do them justice.

Fear is an abstract idea built by your mind for various reasons (ie. your own safety). However, there are certain fears you know won't kill you. You can determine what they are. Avoid those.

Everything else should be an open idea to you, something you consider before shutting it down.

Sometimes the most terrifying things can bring the most enjoyable experiences. So give it a shot and jump -- you'll rebound pretty quickly even if you do fall.

Future ends differently than planned



Reh Vanatta
Copy Editor

Change: everyone experiences it at one time or another. As one grows, they obviously undergo a great deal of physical change. Along with that, as one advances in their life, they change mentally. They learn more about the world around them as well as the realities within themselves.

High school brings on a plethora of change. Many of us enter as freshman, naive to the ways of high school, ignorant of the different activi-

ties people participate in, both good and bad, and unaware of the social atmosphere.

Now sitting in the final quarter of high school I see changes in things I thought I would and some of the things I expected to change pretty quickly hardly changed a bit.

For example, I thought the "Oooooooooooooo you're in trouble!" that is said when someone is called down to the office would be dead after middle school. Nope.

Although less often, it still occurs in senior year. Along with this is when people take something of yours and won't give it back. It was funny and flirtatious in middle school but it's most definitely old now.

On the other end of the spectrum, I never would have guessed social circles would change so drastically. Many "best friends forever" have become "never seen together's."

Also, the changes in people's interests have altered.

Some of the book worms became the classic jocks, a handful of the populars became the nobodies, and a few of the goody-goodies got in with the bad boys.

Change is sometimes hard to deal with. We can visualize something a certain way forever. Heck, things might even be going in the exact direction we want. Then our compass changes direction and switches up everything. The latitudes and longitudes remain the same though. It's not the end of the world.

I think we all grow up with big expectations planted in our heads, but as we begin our journeys further into the "real world", we find that these expectations aren't always met. Adults won't always act like adults. The people closest to you won't always be honest and trustworthy.

Most importantly, things won't always end up the way we dream them up to be.

SALIDA DANCE STUDIO

* ZUMBA!! *

Mon., Wed., Fri. 8:30 a.m.

* POWER BARRE!! *

Mon. 12:00 p.m. and Fri. at 5:00 p.m.

WWW.DANCESALIDA.COM

Jaime Keating
Salida Dance Studio
214 US Hwy 50
Salida, CO 81201
(719) 221- 0515
salidancestudio@gmail.com



Cassidy stimulates class with music

Sarah Wilson
Staff Reporter

Brendan Cassidy has brought a new approach to the traditional classroom, by incorporating music into his daily Spanish and World Cultures lessons.

His methods are planted in his belief that music helps stimulate the memory section of the brain. "It's hard to forget songs, even bad ones," he said.

He feels incorporating music helps the students tremendously. "It helps distract them from the stress of verb order and get the sequence of the sentence easier."

In his Spanish class, he uses all kinds of music, though

Spanish pieces like "De Colores" and "La Bamba" are favorites of all his classes.

"I look for a certain types of music that students like, and care about," he said.

In his World Cultures class, he looks for music that are incorporated in different cultures. "When we first came across that stellar piece from South Korea, Gangnam Style, [our class] loved the style of the song."

Also, Cassidy has special speakers come into his classroom and speak about different varieties of music from different cultures around the world.

His Spanish III class has noticed Cassidy's love of music. McKenzie Everett, junior, shared her experience in his classroom. "Yeah, last week he played the harmonica and mandolin, while Ethan Coit [junior] played the guitar and David [Freeman, junior] played the bongos, it was like a zoo."

Everett stated that although it's chaotic, using music helps her a lot in the classroom.

"I know all of De Fleurose, and I walked down the halls singing it; it helped me remember it. Plus, it's more fun that way."

As a reward for taking a test, most of the students get to sing and be silly, Everett explained.

Still scholarships to do for seniors

Peonie Wong
Staff Reporter

Attention seniors: we are in our last quarter of high school...ever! Crazy right? However, just because it's senior spring doesn't mean you can totally slack off.

For instance, you need to pass your classes in order to graduate and (the other most important thing for those of you college bound) you need to fill out (drumroll please) scholarships!

I know, I've been harping about this since September, but now is the time to seriously sit down and fill out those forms. Some may already be ahead of the game, but for those of you who aren't, here are some pointers to help you out.

Just like college applications, scholarship applications can essentially be broken down into parts. First, you have your basic applicant information, which consists of your date of birth, GPA, ACT score, address, etc. You get the point. I'm sure you guys have this down.

Then, you have the essay(s),

which are the meat of the application.

Scholarship essay prompts can be rather broad, but they can be broken down into four categories: why you deserve this scholarship, how the scholarship will help you achieve your educational and career goals, who you are, and your financial need.

That being said, there aren't many rules because the prompts are so vague.

However, that does not mean you should cram your whole resume into your essays for lack of ideas. Instead, try to pick activities or experiences that have shaped you as a person and your future goals.

Regardless of the essay topic, you need to show the scholarship committee that you're a good investment. If you're awarded the scholarship, the money will go towards a productive venture: your future.

Another note on scholarships: national scholarships are harder to win because there is a bigger applicant pool. Local scholarships, on the other hand, are much easier to win not only because the appli-

cant pool is smaller, but also because they can be more personal because Salida is such a small community.

For local scholarships, simply check the SHS Scholarship Page at http://www.salida.k12.co.us/SHS_Scholarships_ALL.

Now, say you're some superhuman who has managed to complete all of your scholarships. There's still the College Opportunity Fund (also known as COF). The way the COF works is eligible undergraduate students who are attending a participating Colorado institution will receive money to help them with their college tuition cost.

All you need to do to receive this much-needed cash is fill out the Stipend Application.

To fill out the application and find out more, go to the official website: <http://cof.college-assist.org/cofapp/cofapp/Default.aspx>.

Spring Break is upon us and it's the perfect time to work on these applications. Good luck and start preparing for senior spring when we return!

Student of awesome

Michael Ricci & Riley Donovan
Photo Editors



JESSE KOENIG

It has been one month since the last student of awesome graced the public.

Jesse Koenig, senior, is an influential member both inside the building and out. He can be seen at poetry slams sharing his writing or playing his guitar behind the closed doors of his bedroom.

We decided to interview him for this month's student of awesome, because he's so cool. Enjoy responsibly.

I: What is your favorite food to eat late at night?

R: (Laughing) That's a great question... Probably Hot Pockets (long pause) and the lives of baby children.

I: What comes to mind when someone says "telephone pole?"

R: Getting your tongue stuck to it.

I: What's your favorite item of clothing and why?

R: uhhh...uhhh...this is a weird question. Probably my Vans, cause I couldn't think of anything else.

I: How do you feel about animal rights?

R: I think they should be enforced but not over-enforced, but not too crazy.

I: What are you doing for spring break?

R: Hopefully going on a road trip. No idea where. No destination. Just get in the car and go. No idea where.

I: What's the best gift you have ever received?

R: I have to say I was four or five years old and they had those little V-tech little movie players, and you would get little discs in there and you could watch Fairly Odd Parents or SpongeBob on it.

I: What is your favorite childhood memory?

R: Pulling the bucket at

WaterWorld when I was like two or three years old...I have flashbacks of that every once in a while.

I: If you could replace any character in a video game, who would it be and why?

R: Probably Ash Ketchum from Pokemon because I would love to be in a Pokemon World. (Laughs)

I: If you were a vehicle what would you be?

R: New-styled lifted Jeep Wrangler.

I: How do you feel about hotel soap?

R: I think it is b.s. (laughs a lot) Can you put that in the newspaper?

I: What is one thing you want to do before you die and why?

R: Definitely ski the Swiss Alps. It would just be awesome.

I: What do you see yourself doing in 5 years, 10 years?

R: Hopefully, I have a good career going and hopefully I can start my own secondary film business.

And in ten, hopefully, focusing more on film and less on whatever I major in in college.

I: If you could say anything to the entire school and community, what would it be and why?

R: What I would originally say won't be appropriate, but I would say stop taking yourself so seriously.

Adventures in Japan continue



Kelly Canon
Foreign Correspondent

I was able to go to Universal Studios Japan again this month, this time with ROTEX and with the other students in the district. We were on the Jurassic Park ride when it stopped suddenly. It was insane. After that we all had a great time looking at the awesome photo that was taken during the ride. Many a good

times shared once again.

This month, while my main host family went to Hawaii, I stayed with my friends again in Kameoka. This family has again asked me to help teach her English classes to elementary school kids.

When I was trying to teach them things like "my friend has..." it became quite good. I suggested to let their minds wander, so things like, "my friend has nineteen heads" were enjoyable to the kids.

Also, while I was with this family, they took me skiing in Gifu. They have a daughter who is 6 and she skis really slowly, so I took some time to ski by myself. When I did ski with her, she seemed overwhelmed with joy.

Then the next week was weird because halfway

through I had to change back to my original host family and school was also on a weird schedule. On Wednesday, I didn't have school at all and I was wondering what to do, so my host mother suggested that I ride to Sasayama. She showed me where it was on the map and I thought it was going to be simple.

After I got there, I found out that the distance between the two cities was around 35 kilometers. It crossed prefectural and was long but fun. I was super tired after that.

I never actually found the castle ruins in Sasayama. I followed the signs but never found anything.

This weekend I am heading with a friend to an amusement park here in Kyoto. It should be fun!



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Salida High’s own version of March Madness brings a mix of TCAP testing and extra activities

JKB sponsors a Friday of ultimate frisbee, Cross Country team awarded top spot and ‘serious bragging rights’

JKB hosted an ultimate frisbee tournament for students on March 15 to celebrate the end of TCAP testing and to get students excited for spring sports. Though JKB was hoping for a larger turnout, only three teams ended up playing in the tournament. The teams were eventually broken into just two groups to hash it out for the title of champions.

Students could register teams for \$1 per member of individually for \$2. Each team needed a minimum of five members to participate, but there was not a maximum number. The winning team was awarded a Life is Good frisbee decorated with the words “Especially when you’re champion” painted on.

Jacob Adamson, JKB member also promised “serious bragging rights” to the winning team. Freshmen Taylor Stack, Shea Donovan and Phoebe Powell, juniors Tom Roberts and Riley Donovan, seniors Jacob Adamson and freshman Shea Donovan comprised the winning team.

Other cross country and mountain bike team members participated, as well as JKB sponsor Amy Moore.

Freshman Sydney Fesenmeyer cited the wind as the reason her team didn’t win because it “made it really hard to throw or catch a pass. The students played the width of the football field as opposed to the length.

Ultimate frisbee is a combination of football, soccer and team handball. The goal is to get the frisbee across a certain line, and the other team tries to intercept the frisbee or knock it out of the air to stop it.

If the frisbee hits the ground, the other team takes control of it. Players must pass the frisbee to their teammates, not run it across the field.



Photo by: Riley Donovan

THE VICTORIOUS FRISBEE TEAM smiles after winning JKB’s ultimate frisbee tournament on March 15. From left to right, the players are freshmen Taylor Stack and Phoebe Powell, juniors Tom Roberts and Riley Donovan, senior Jacob Adamson and freshman Shea Donovan. The team awarded Powell most valuable player status, so she took home the prize of a Life is Good frisbee, decorated specifically for the champion.

Faculty members bump, set and spike to a 3-0 volleyball victory over the student body



Photos by: Riley Donovan

ABOVE, JACOB ADAMSON, senior, attempts to set the volleyball back to Maria Wilcox (special education teacher), Andre Wilkins (band teacher), Sean Simpson (woods and drafting teacher) and Josh Bechtel (math teacher) during the staff vs. student volleyball game March 12.

RIGHT, JODI FRANCIS, English teacher, watches as math teachers Bechtel and Rob Gilchrist, plus Wilkins, strategize for the next point. Francis made all of her serves over the net and in play.



Photo by: Riley Donovan

FRESHMAN SHEA DONAVAN jumps for a frisbee, tossed by fellow freshman Taylor Stack, while warming up for the tournament.



Photo by: Ashley Potts

JUNIOR TOM ROBERTS, left, receives an ultimate frisbee disk from his temporary teammate, senior Jacob Adamson. The boys were both on the team that ultimately won the tournament.

Students show off hidden talents at school-wide performance



Photo by: Michael Ricci

ANDRE WILKINS, BAND TEACHER, shows his juggling talents during the Salida High talent show on March 6. Wilkins said he learned to juggle as a teen, and jokingly said he would be happy to teach “any student who doesn’t want a Prom date.” Wilkins also attempted to juggle on a unicycle, but said he must be a little out of practice after he crashed.



Photo by: Riley Donovan

SOPHOMORE CHASE ABBOTT jumps off the stage as a grand finale to biking act. Abbott typically does tricks on his motorcycle, but modified the routine for a mountain bike so it would fit on Salida High’s stage. Abbott didn’t win the talent show -- that honor went to junior Isaac Koelsch -- but received many gasps and a lot of applause from the audience.

While students gear up for next week’s spring break, remember mishaps and misadventures create lasting memories

Sienna Rahe
Staff Reporter

Spring Break. The long-awaited, highly anticipated week away from education and school has finally arrived. And some of Salida High’s students are really getting away from it all by actually leaving the country, or seeing distant family. But instead of writing a story about the awesome vacations

some of our school’s students are having this spring break, let’s reminisce about the bad memories students have from previous spring breaks. I can still remember my bad spring break experience, and I will probably never forget it. My family and I were supposed to travel to Mexico and stay in an ocean front condo. However, my parents made the audacious decision to not

even check if my brother’s and my passports were up-to-date. They weren’t. My parents went to Mexico with their up-to-date passports and left my brother and me with friends for the week. I had a great time with my friend and I even got to see Moab, but visiting Mexico would have been nice. I still believe up to this date that my parents may have spe-

cifically planned for the “disaster” to happen, but my parents would think otherwise. Spring break disasters can come in many different forms. For example, Jessica Adamson, sophomore, had a traumatizing experience while boating in Lake Powell. Her father and her were jet-skiing around the lake, but they soon realized their jet ski was low on fuel. Unfortunately for them, Lake

Powell is immense, and the two soon found themselves lost and stuck. As Adamson put it, “Lake Powell is humongous, and we were definitely lost.” Soon after the two found themselves lost, Adamson’s dad lost his glasses in the murky water which rendered him nearly blind. The story doesn’t end in a traumatizing manner, though, because the badly sunburned

and fatigued Adamson duo swam their jet skis back to the houseboat without any serious injury. Spring break disasters can happen to anyone, and chances are you will probably have one some time or another. However, on a positive note, they usually can end in great memories for everyone involved, even if you’re not thinking that at the moment it happens.

What are your plans for spring break?



MOAB OR BUST!
Seniors Jacob Adamson and Isaac Stackonis, plus juniors Riley Donovan and Cody Johnstone, are going mountain biking in Moab, Utah.



ALBUQUERQUE OR BUST!
Hannah Sites, sophomore is going to Albuquerque, New Mexico to ride her mountain bike with her family.



LAS VEGAS OR BUST!
Chase Abbott, sophomore, is going to the city of Las Vegas, Nevada.



IRELAND OR BUST!
Meghan White, sophomore, is going to be touring the winding, lush, green roads of Ireland this spring break.

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How juniors can conquer the coming ACT

Michael Procko & Peonie Wong
Staff Reporters

We all have different reasons for being in school right now. Whether it's our desire to pursue higher levels of education after this, or just a simple craving to obtain a high school degree. The marks we receive during our time leave a lasting impression on our character. When applying for college, or applying for a job immediately after high school, there are various things you will be judged on. Among these: your GPA and cumulative test scores are incredibly important.

Taking into consideration that those who have already taken the two "big" cumulative tests (ACT/SAT) likely know what to expect, it's only logical to take some advice from those people.

#1 Study

I don't just mean "study." I mean STUDY. As in, your own personal style. Some need notecards, others need pages on pages of color-coded notes. Either way, set a segment of your day for studying for the ACT. It doesn't need to be very long, 30 minutes even, but make sure to focus 100% on the material in front of you.

Lost on where to find study material? The ACT website (www.actstudent.org) has practice questions you can use, just click on the "Test Prep" button near the top of the page.

You can also simply Google for websites with free questions and answers.

If you feel you might be tempted to check Facebook, there are always test prep books. The books are more than enough help, as they cover information about the test, along with practice exams and answers in the back.

Some popular ones are The Real ACT Guide, the Princeton Review's Cracking the ACT, Barron's ACT and, for those looking to score in the 30-36 range, Barron's ACT 36: Aiming for the Perfect Score.

#2 Practice

In case you forgot, the ACT is a timed exam. It's thought that by putting a time limit on students, they will demonstrate knowledge they already have.

That being said, if you want to do well on the ACT, you need to get used to the time limit. For many people, it's not the material that's particularly challenging, but getting through all of it within the designated time period.

Earlier, I mentioned several test prep books and practice exams. These books provide the perfect opportunity to test yourself and get used to the time limit. Follow the instructions for each section and practice as many times as needed until you're used to the time limit.

Not sure where to buy these powerful and wise books? Besides Amazon, where the prices can range from roughly \$10-\$20, there's always the Salida Regional Library. There are numerous prep books on the shelf. If they're already gone, just ask a librarian to put one on hold for you and another should arrive within a few days.

#3 Miscellaneous Tips Rest

Don't study so much that you're cramming until 2 AM the night before the test. That is a big no no. Instead, make sure that you get a good night's rest before the exam.

Along with resting your mind at night, remember to rest your brain between study sessions.

This doesn't mean studying for 20 minutes and then playing Xbox for the rest of the day. Instead, say if you're studying for an hour, take a ten minute break before beginning the next subject. Get up and do something to let your brain absorb what it just learned and relax a little.

Diet

Studies have shown that when students eat a good meal before the ACT, they do better than if they didn't.

Breakfasts rich in protein, fiber, and slow-burning carbohydrates are ideal for the day of the ACT. Some ideas are scrambled eggs and whole wheat toast, oatmeal, or yogurt and granola.

Also, don't forget to bring snacks to the test to eat during breaks along with water.

Good luck and may the odds be ever in your favor!

Jolleys bring ACT prep to SHS

Catie Wilken
Assistant Editor

Salida High School juniors took an ACT Prep workshop offered by Martin and Jane Jolley on March 5, 6, and 7.

Students had the option to sign up for the workshop while the freshmen and sophomores took their TCAP tests. The juniors will take the ACT on April 23.

The workshop presented students with a method for doing multiple choice questions on standardized tests. They were given background information on the tests and how questions were written, tips on how to take it, and sample test questions.

“It's as much of a reading test as it is a test of your prior knowledge.”

- Jane Jolley

The Jolleys have been teaching standardized test prep for over 30 years. They said they didn't have to be experts on the content because the methodology for all standardized tests is similar. This is their first year doing the ACT workshop at the high school, but they hope to come back again.

The couple has helped students prepare for a variety of exams, specializing in medical boards. Most of the workshops they provide are a "last resort" for students who have

taken the tests before but didn't pass. The Jolleys have a 97% success rate.

Martin said preparing for tests such as the ACT should be state learning: one prepares for the event in the context of the event. Because the ACT is an event of questions, one should prepare by practicing questions.

Jane added it's helpful to study with others. "If you can make it fun, they more likely it is you'll stick with it. The test will look less intimidating and more doable," she said.

Martin said the most important tips to remember are to have fun, be methodical, and stay focused. He said it's important to figure out what one's relative strengths are and play to them.

"It's as much of a reading test as it is a test of your prior knowledge. Read carefully, and manage your time wisely. Those are big," said Jane.

Salida High School counselor Rob Tressler said the average ACT score for Salida High School is around 21, which is consistent with the national average. To get a 21, the Jolleys said a student needs to answer approximately 50% of the questions correctly. Only about 1% of test takers get a score of 30 or higher.

"What we also know is that it's frequently not the top person who gets the high score. It's the person that is able to relax and treat the day like just another day," Jane said.

"I find most kids are just nervous and have anxiety, and they forget the material," Tressler said.

The Jolleys met Tressler at a bike race last summer. The Jolleys said while their services are normally "outrageously expensive," they volunteered



Photo by: Riley Donavan

JUNIOR CODY JOHNSTONE, who attended one of the Jolleys' workshops, studies on March 13.

to do the workshops for free because they lived in Salida.

"I find that the community here does a lot of volunteer work, and here's something that we can do that we know how to do," Jane said.

Tressler said a good score to aim for is 24, "The magic number as far as academic scholarships go," he said.

Junior Ellie Gilmore will be taking the test for the first time in April and took ACT Prep with the Jolleys.

"It was helpful to prepare me in the mind-set and the things I should be doing to get ready for the test," she said.

All juniors will be required to take the test in April. It will be offered in Salida free of cost. Students can visit www.actstudent.org to register for other dates if they want to take the test more than once.

"We can't make you smarter. We just can't. What we can do is help you take this test more smartly. That's all we do. That's the only thing we can do," Martin said.

What advice do seniors have for juniors taking the ACT?



RILEY CEGLOWSKI
Times taken: twice

Ceglowski suggests, "Study for the test. It helps more than a person may think and it'll raise the score by a few points, which makes a huge difference when applying for scholarships and colleges."

White said, "Caffeine. Seriously. I scored better when I had caffeine than when I didn't. And take the test multiple times because you seem to score better every time you take it."



KAYLA WHITE
Times taken: four

Junior year can be tough, but the hard work will pay off



Mellissa Rodriguez
Staff Reporter

The seniors know what I'm talking about when I say ju-

nior year sucks when it comes to school work.

There are new opportunities when you finally call yourself an upperclassman, such as getting to go off campus, not having to come to school till 11:15 a.m. during TCAPS week, and finally being eligible for a T.A.

With all these great new things though comes a heck of a lot more responsibility and that totally sucks. Junior year totally blows when it

comes to school work.

Don't get me wrong: my junior year has brought many great memories I wouldn't want to take back. It would be a lot better without the extra stress though.

It seems like the older you get the more overwhelming things become. Freshman year, my biggest worry in the world was walking down the senior hallway by myself with all the seniors staring at me.

Now, it's whether my

grades or my ACT score are going to be good enough for colleges to accept me and the occasional "holy moly I'll be a senior next year."

Junior year school work, I truly hate you. I have things to thank you for though.

Thanks for teaching me how to stay up at all hours of the night. I'm really going to need that for college.

Thanks for teaching me to not judge a book by its cover.

Thanks for helping me re-

alize younger kids look up to me. Finally, thank you for helping me see that it's time to grow up. It's not going to be easy forever.

If anything should be taken from my column, I hope it's that, fellow juniors, you're not treading the freezing water by yourself. Every high school graduate has gone through this. Just know it's all over in a few short months, so cherish every minute and keep treading that water.



Photo by: Ashley Potts

SENIOR BROOKE LOVE shows the math function “ $y = -x$ ” during Calculus class on March 11. Instructor Rob Gilchrist offered extra credit to any of his students who could complete all of his Calculus dance moves in front of the class, and a handful of students decided the embarrassment was worth the points.

Longfellow to employ Salida’s mining history

Continued from front

railroad, which was so apparent in Salida’s history. The teachers are also going to be able to use the school in order to help teach the students about Salida’s history. The second grade already has a unit based on learning Salida’s history and even has a “Paw Pride” Assembly where the students show off their knowledge about Salida’s history in a fun way that all of their parents can come and watch. The school will also include various railroad aspects to its exterior such as brick, stucco, rock, metal and wood beams.

“The exterior is gorgeous. The neighbors are going to be thrilled,” said Kitson. The committee has also thrown around the idea of having a gym large enough to house various tournaments for the middle school and high school sports’ teams, as well as community-sponsored sports and activities. Members want the school to be a place the community can use, too. As the design phase is nearing completion, members of the DAG Committee as well as the contractors are excited to start work on the interior of the elementary school and try to make this new school something that the students and the community can both use, and be proud of.

\$750 music scholarship offered to seniors

Salida Concerts Inc. will award scholarships two \$750 scholarships this year to deserving music students in Chaffee County. Deadline for applications is May 1. Applications have been distributed to high school counselors or the application can be downloaded from SalidaAspenConcerts.org. To be eligible, graduating high school students must be college bound to study music or already studying music at the undergraduate level. Students must also write about their musical interests and activities in a one-page essay and submit two references. Proof of graduation from high school or home school in Chaffee County, or enrollment in an institution of higher

learning, also is required. Scholarships are funded out of the charitable contributions and advertising dollars raised each year to produce the Salida Aspen Concerts series. For further information, contact Salida Concerts Inc., P.O. Box 13, Salida, Colo. 81201, or call Jean Hanfelt in Salida at 539-6467.

Kudasik gets ahead at CU-Boulder

Reh Vanatta
Copy Editor

Anita Kudasik was a senior at Salida High School last semester before she graduated. This spring semester she is attending Colorado University in Boulder. Kudasik made the transition between high school and college right away, because she wanted a head start in her higher education. She is currently majoring in Integrative Physiology in hopes of pursuing a career as a Forensic Pathologist. Kudasik feels like Salida High School prepared her pretty well for college, noting that her two years of AP English especially helped. She has noticed that she is able to write very strong essays much quicker than many of her fellow classmates, but believes she could’ve been better prepared in other ways. “I feel that teachers should assign more readings from the textbooks to prepare kids for everything they have to read in college,” said Kudasik. She is taking four classes and has

about 100 pages of reading a week in each class on top of the rest of her homework. The academics weren’t the only hard thing about going off to college for Kudasik. At first, leaving her family was hard as well as saying goodbye to friends. Also, just learning to live on her own was a big deal. Kudasik is back in Salida at least once a month to visit but said she’s now made a lot of really great friends at CU that make being away much easier. “The biggest shock was being on my own. Even living in the dorms, I felt lonely at first. Coming ‘home’ to an empty room really upset me in the beginning but now that I’ve made friends, it’s completely fine.” Another thing that shocked her was her class size. “I have a class of almost 400 people, and I just wasn’t used to that,” Kudasik said. Kudasik confirms that college really is a lot different and high school in many ways. “The only thing that I would tell my [fellow] seniors is that college [requires] a lot more self-motivation than



ANITA KUDASIK

high school. You have to do everything on your own. For example, teachers don’t usually tell you what homework and reading is due. You have to log onto their websites and keep on top of all the assignments by yourself,” said Kudasik. Kudasik said that if she could go back and redo things, she would still graduate early. She has really enjoyed the experience and is excited about being ahead, considering she is less than two months away from finishing her first semester of college. Kudasik will be back to walk with her class at graduation on May 25.

DI team shakes up the competition

Avery Martinez
Staff Reporter

The Destination Imagination team is at it again. The team will compete in an upcoming tournament on March 23. Destination Imagination is a competition involving think on one’s feet by being provided with items to meet a certain challenge. The DI team has competed in several competitions before. The team consists of sophomores Sienna Rahe, Jessica Adamson, Kelsay Lundberg, Meghan White, and Faith McKenna. They have gone as far as Globals before. Adamson said, “we’re doing an event we’ve never done before...so I don’t know what to expect.”



Courtesy photo

DESTINATION IMAGINATION TEAM members, sophomores Sienna Rahe, Faith McKenna, Meghan White, Jessica Adamson and Hannah Sites, pose for a photo after a competition.

known as dramatic change. This is a secret instruction, known only to the judges, that will be thrown in randomly to the competition. “We changed because scheduling was hard. It was harder to find time to meet, so we decided to do improv, instead of long time preparation for the competition,” said McKenna. Lundberg said, “It won’t be as stressful, [by doing the improv competition].”

“I don’t know how this will go, I guess we’ll just have to wait and see,” said White. McKenna said, “we’ve gone to state every year, but that’s because we understood how it, [the competition], worked.” Also, every team must be part of an instant challenge. In this challenge, they must build something and involves acting with no warning. But the team isn’t scared, McKenna said, “It will be fun to try something new.”

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Tennis team sweeps first meet, sets goals for rest of season

Jihyun Shim
Staff Reporter

Girls' tennis is back. The team consists of 15 girls and 2 coaches, Maria Wilcox, special education teacher, and Dave Horton, Longfellow physical education teacher.

Wilcox has been coaching for 4 years and Horton for 19 years. Wilcox said she has decided to coach because her favorite team sport is tennis and she played in third grade through college. She also played on a competitive team during high school, so her experiences will be helpful for players.

Jenny Feng, junior who is new to the team, said, "I expect to learn how to play real games, because I have never played games before, just practiced. I decided to join because I want to try something new."

There are more experienced girls this year than last year. 13 out of 15 girls have played tennis for Salida High. Wilcox mentioned most girls this year know what to expect so she is expecting to see more improvements and wins for this season.

Her goal for this year is to improve players' skills so that this season is more successful. There were many freshmen who were inexperienced last year, but they played during the summer and their skills stepped up, so Wilcox is very excited about this season.

Dayna Stewart, freshman, said, "It will be a lot of fun and I will learn a lot because there are a lot of experienced players this year."

The first match was held on March 14 at home against Cheyenne Mountain High School. The SHS Girl's tennis team won the game by 7-0.

For singles event, senior Jennifer Wentz won with a score of 6-0 and 6-0, junior Sarah Wilson by 6-0 and 6-1, sophomore Jessica Adamson with a score of 6-0 and 6-0.

For doubles, sophomore Charlotte Price and freshman Dayna Stewart won by a score of 7-5, 1-6, and 6-1. Senior Ashlyn Stewart and junior Allie Cover by 6-2, 2-6, and 10-5 which was a ten point tie-



Photo by: Robin Petersen

SOPHOMORE CHARLOTTE PRICE serves to her opponent at the home tennis match on March 13. Price played first doubles with freshman Dayna Stewart, and the girls beat their Cheyenne Mountain opponents 7-5, 1-6, 6-1.

breaker.

Juniors Darby Himschoot and Melody Brood with a score of 6-3 and 6-2. Sophomore Sienna Rahe and junior

Bailee Gardunio 6-3 and 6-2.

The girl's tennis started their season successfully. The next game will be today against Pueblo County High

TENNIS SCHEDULE:

TODAY - HOME AGAINST PUEBLO CITY

APRIL 2 - HOME AGAINST PUEBLO WEST

APRIL 4 - AWAY AT PINE CREEK

APRIL 10 - AWAY AT PUEBLO CENTENNIAL

APRIL 12-13 - AWAY AT PUEBLO CITY

APRIL 16 - HOME AGAINST PUEBLO CENTRAL

APRIL 23 - AWAY AT ST. MARY'S

APRIL 25 - AWAY AT COLORADO SPRINGS SCHOOL

Vikings sink Spartans 3-6 in first boys' baseball home game



Photo by: Catie Wilken

SOPHOMORE EVAN SMITH attempts a hit during the home baseball game on March 16. The boys lost this first game of the season to Center 3-6. They will play again today in Alamosa at 3:30 and 5 p.m.

Jenny Feng
Staff Reporter

The baseball team started their new season at the beginning of March.

This year, there are 25 boys and 1 girl on the team. Compare to 18 players which the team had last year.

"It's been a good improvement," said head coach Jim LaCroix, who has been the coach for Salida high school baseball team for two years.

"All the new kids are playing baseball this year," Matt Trueblood, senior, said.

The team recruited a lot of players this season.

"We have a lot of players that know they need get better. And they are working hard to get better," LaCroix said.

Also, it is a new challenge for the whole team. "The biggest difficulty is that there are a lot of new people on team." Evan Smith, sophomore player, said.

Not having a lot of guys with a lot of baseball experience is a big change.

But at the same time, it is the most exciting thing this season. New players mean new energy.

"I am very excited to see how new people do." Smith said. So improving baseball skills is an essential part of the goal for the team this year.

For senior players, this is the last season for them.

"My goal for this season is

to break the strikeout record," said Trueblood, who is an experienced player and has been playing baseball for twelve years. He thinks that getting back into baseball will be the most difficult thing this year.

At the same time, some players are having conflicts balancing school and baseball. They are struggling in their studies and having their grades up in order to appear on the baseball fields due to eligibility requirements. So the other goal for the baseball team is the academic motivations.

"Work hard in classrooms, work hard on baseball field and have fun. To play our best baseball at the end of April." LaCroix summarized the goal for the team.

Bechtel becomes assistant coach

Ashley Potts
Sports Editor

Math teacher Josh Bechtel stepped into a new position this year as the assistant baseball coach. Bechtel said he's always wanted to get into coaching high school sports and this year the timing was right for him to step on as a baseball coach.

He has also coached the mountain bike team, but said the two are very different. "There's a lot more drills and technical aspects and rules [to baseball] whereas biking is more technique on a bike and conditioning."

Bechtel played baseball through high school and participates in summer league softball, so he knows a thing or two about the game. As far as the season goes, Bechtel said he's excited to see how the team comes to shape and how they stack up against their competition.

"It's fun. We have a very fun group of kids this year that are all good to work with. I'm excited to see the growth of everyone over the season."

The team seems very ap-



JOSH BECHTEL



JIM LACROIX

preciative of his efforts as well and all the time he commits to them. Bechtel's teaching background also helps the athletes keep their grades up. Senior and captain Daniel McFarland said, "He's a cool guy, and he encourages all the players."



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Soccer team starts season playing in stadium

Jenny Feng
Staff Reporter

With the shooting practice and running exercises on the football field, the girls' soccer team started their spring season at the end of February.

This season, the team consists of 3 coaches and 31 players. The number of players increases from 28 compared to last year's.

This is a brand-new and different season from any season before for girls' soccer team. "It will be the first time the girls play games at night," said Todd Bright who has been the head coach for the girls' soccer team for 18 years.

"It will also be the first time they play games in the stadium." Although it [the field] is a change, he felt quite positive about it. "The girls are really excited and they like it, and we practiced in the stadium before. It is new, but it is fine," Bright added.

This season, there are 7 freshmen players and 2 new players joining the soccer team. Mika McConnaughay, who is a freshman, joined soccer for the first time.

"For this season, my goal is to work hard and finish strong," she said.

For this fresh air, Bright has very high expectations. He



Photo by: Sarah Wilson

SOPHOMORE RUTH BARTEL races an opponent down the field during the home soccer game on March 12. The girls defeated Center 8-0, getting to play on the new turf field rather than at the Ben Oswald soccer fields.

thinks they are more talented than any girls he has had before. But they are still learning to play a physical game. They still have many skills to improve.

For seven senior players (Kayla White, Micaela Lowe, Michaela Medrano, Reh Vanatta, Peonie Wong, Claire Zwaan and Brooke Love), it is the last season to fight on the turf. Also, it is the season to say farewells.

White, who has been playing soccer seriously since she

was thirteen, said that her goal for this season is to improve herself and to have fun.

When she was asked about the condition of the team, she said, "I feel really excited, and I feel that our team is close because we practice every day together. I am glad that so many girls are out there and we will have a good season."

The goal Bright sets for seniors is to lead the whole team. "It is the last season for them. Most of the senior players have been on the team for

three years, and some of them have been on the team for four years." He hopes they will show the younger girls how the game is played.

"It is still a young team, we still need to focus on playing together. But we have very good players, I believe we will be a strong team after more practice," Bright said. "My goal for this season is to go to the state tournament, it is the only chance."

The girls have, so far, won two games and lost two.

Skiing incident lessons

Sarah Wilson
Staff Reporter

Skiing makes you feel free while you drift over the fresh powder and fly down the hill with the icy wind hitting your face. There are so many trails on the mountain and a new adventure lived each time.

I witnessed a rather interesting adventure last time I visited Monarch Mountain. The first run? Success. Amazing powder and the trails we seemed to find had no one on them, so the powder was still prevalent.

After a couple of runs, I was feeling good! This was only my third time skiing this year, but I felt like I could do black diamonds backwards.

As the afternoon hit us, it started to snow. I had picked the wrong goggles up that morning -- they were much too big for my face -- so when the snow picked up, I couldn't see anything.

The adventure hit an abrupt end when my dad and I turned on an unknown trail, and skied through the trees.

My dad led me down a small trail, hill and he almost fell over into a frozen creek, I laughed so hard I couldn't breathe. However, I did the splits going down the hill and flew 15 feet down into the powder.

After this, my dad had to dig me out of the snow, and I skied down the rest of the way.

The problem was, I saw two people who looked like my dad instead of one. As we went into the lodge, I started to become dizzy and felt like I was going to pass out.

My dad ended up calling the ski patrol and I had to ride down to Salida Hospital in an ambulance.

Nothing too serious happened. The doctors informed me that I had a bad concussion and that my left leg would be weak from being on a board so long.

Lessons I learned?

First, always wear a ski helmet. I wasn't and this might help your case if you happen to crash from laughing so hard.

Second? Go with the flow. I had to miss two weeks of tennis because of this thing, but I've learned that little bumps happen so that you appreciate the good things more.

I'm now back on the courts and I am so thankful that nothing worse happened to me.

Track team will have home meet this season

Jihyun Shim
Staff Reporter

The girl's track season is back. This season, the team consists of close to 20 players and 4 event coaches, Randy Kapushion, Ross Kuntz, Fred Maxwell, and Bob Smith.

Kapushion is coaching for sprints, Kuntz for distance, Maxwell the hurdles, and Smith is helping girls for throwers and jumpers.

With the brand-new facility, there will be a home track meet. Smith, the main coach for girl's track, said that there had not been any home meet for a few years, so he is very excited for this. He hopes to schedule more in the future.

Smith's goal for this season is to qualify more students for state track meet as usual.

Smith has been coaching track for 30 years. He said that he decided to coach because coaching is fun and he can coach one-on-one. Also, there are different levels of motivation, so he said that he is ex-

cited to see each athlete's potential.

The team lost many great athletic seniors who were really good especially at distance and qualified to the state. It could be some great loss, but the seniors made up a team with younger girls last season, so those girls that made up a team with seniors know what to expect and therefore it didn't become a great loss for the team.

Olivia Lowe, freshmen, said, "It is my first time on the team. My goal is to make it to state. And, we have a lot of good and strong athletes."

The girls' track lost some members of the team when the graduated, but also have new girls joining this season. The four event coaches will help old and new members alike with distance running, sprinting, throwing, jumping and hurdles.

Morgan Walters-Schaler, sophomore, said, "We have a bigger team this year, so I think we can have more wins."

ABOUT THE BRAND-NEW TRACK:

COST: \$150,000
LENGTH: QUARTER-MILE
ADDITIONAL AMENITIES: TWO JUMPING LANES AND PITS

"THERE WERE FOUR DIFFERENT VENDORS FOR US TO CHOOSE FROM, AND EACH ONE PUT IN A BID. WE, AS A FACULTY, CHOSE BASED OFF THEIR PREVIOUS WORK AND PERFORMANCE SURFACE," SAID JIM COSCARELLA, ATHLETIC DIRECTOR.

TRACK SCHEDULE:

TODAY - AWAY AT MANITOU
MARCH 23 - AWAY AT DUTCH CLARK, PUEBLO
APRIL 6 - AWAY AT WASSON
APRIL 13 - HOME MEET
APRIL 20 - VARSITY AWAY AT GUNNISON
APRIL 23 - FRESHMEN/SOPHOMORES AWAY AT GUNNISON
APRIL 27 - AWAY AT ST. MARY'S

A Correction:
Bob Smith was noted as an assistant track coach in last month's Tenderfoot Times, but is actually a head coach for the team.

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Two Salida High seniors awarded the Boettcher Scholarship

Catie Wilken
Assistant Editor

After months of applications, letters and interviews, Salida High seniors Jacob Adamson and Ashlyn Stewart learned they were awarded the Boettcher Scholarship on March 14.

The scholarship is given by the Boettcher Foundation, to 40 Colorado seniors annually. The scholarship gives a four-year full-ride to any in-state University or College.

An estimated 1,300 students applied this year, already meeting rigorous GPA and testing requirements. Winning the scholarship places Stewart and Adamson in the top 3.1 percent of those who applied.

The scholars are selected based on four main criteria: character, leadership, academics and service.

Adamson and Stewart are also Salida High's second and third Boettcher scholars in the last two years. Last year, Brandon Smith received the Boettcher scholarship. He is

currently studying at Colorado School of Mines.

Both Adamson and Stewart interviewed in Denver on March 5, which left an "agonizing" wait to learn whether or not they received it.

Adamson's envelope arrived just before lunch on March 14, and he went home to learn his status right away.

"I was so nervous I couldn't get the envelope open at first," he said. "When I saw the first word was 'Congratulations!' I took off sprinting around my house."

Stewart was ecstatic when she received a text message from Adamson that said he "got it."

"I called him back right away, and Mrs. Thompson [SHS Principal] walked by right as I screamed 'Oh my gosh, Jacob!' I then yelled, 'Mrs. Thompson! Jacob did it! He got the Boettcher!'"

Stewart said she was "sent home" to check her mailbox just a couple hours later and mostly felt "disbelief" when she opened the envelope to the same message.

"I'm still not sure it has totally hit me yet," she said.

Stewart said SHS Counselor Rob Tressler doesn't think there have ever been two Boettcher finalists from Salida High, let alone two Scholars.

This was the end result both Adamson and Stewart were hoping for, though.

"When I pictured the outcome of the scholarship, I either saw both of us getting it or neither of us getting it," Adamson said.

"I never saw this as a competition with Jacob," Stewart said.

Adamson agreed, saying, "We helped each other with our applications, we did a practice interview together, we rode up together. We've supported each other throughout the whole process."

Adamson mailed his acceptance of the scholarship on March 16. He is already enrolled in Colorado School of Mines, in Golden, Colo., and was sure he would accept the scholarship should he receive it. He plans to study Engineering, but is unsure of

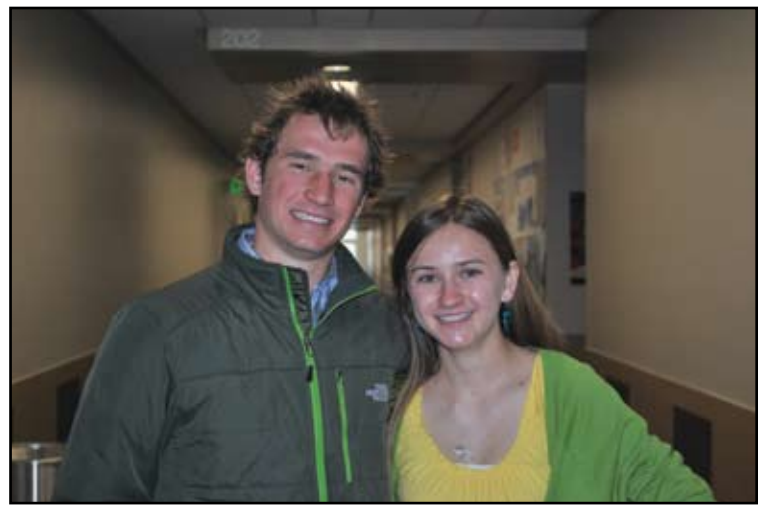


Photo by: Catie Wilken

SENIORS JACOB ADAMSON and Ashlyn Stewart pose for a photo on March 15 after learning they both received the Boettcher Scholarship.

which kind specifically.

Stewart is still undecided as to whether or not she will accept the scholarship. "I spent a lot of time applying to out-of-state schools, so I feel I have to wait and see what those decisions are before I can accept this," she said. "I don't see myself turning this down, though," she added.

Stewart plans to study Eng-

lish and Linguistics, but also possibly Journalism or Education, and believes she will attend Colorado College or University of Denver if she accepts the scholarship.

Along with money for their education, each of the scholars is able to award a \$1,000 grant to a teacher of her/his choice to use in her/his classroom, courtesy of Boettcher.

Short to retire after 29 years in district

Catie Wilken
Assistant Editor

With help from Karen RayAnn Wilkins & Kendra Ranae Smith
Salida Middle School Sixth Graders

LaDonna Short, eighth grade math teacher at Salida Middle School, is retiring in May in order to do something different and spend more time with her kids.

Short has worked at the school for 29 years. The position will be filled by Herman Lapp.

Her retirement plans are "still up in the air," but she hopes to visit her son, who lives out of state, and help him plan his wedding.

Originally Short got a de-

gree as a social science teacher, but said she went back to earn another degree in math when there were no jobs available.

Short said there were so many high points in her career that she couldn't name them all.

"The hardest part is keeping up with the absent students and the kids who don't want to be here. The easiest is teaching the kids that want to learn," Short said.

Before being a math teacher, Short said she worked as



LADONNA SHORT

a secretary, a cashier, and at a dog track.

Short said she will miss her coworkers, but she plans to come back to visit.

Seat Belt Challenge for staff and students to begin April 1

Peonie Wong
Staff Reporter

Beginning April 1 through May 10, Salida High School is participating in the Mile High RETAC (Regional Emergency Medical and Trauma Advisory Council) and C-DOT (Colorado Department of Transportation) Seat Belt Challenge.

Salida High will be competing with six other high schools in various counties to raise the percentage of seat belt users leaving the school's parking lot.

Currently, 51% of the cars leaving the parking lot of Salida High, including those of students, faculty, parents, etc., have everyone inside the ve-

hicle wearing seat belts.

Throughout the Seat Belt Challenge, there will be numerous reminders and activities in place to help raise the number of people wearing seat belts.

The Challenge will be presented to the students with an assembly starting on April 1, right after spring break.

3
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