



COLORADO GROWN

Food from Farm to Home

Name: _____ Phone: _____
 Email: _____
 Address: _____

To purchase Raw Milk Cow Shares, contact David Lynch at farmerlynch@msn.com. A one-time membership fee of \$50/share buys you into the program. A legal document must be signed that guarantees your interest in the herd of cows. Boarding fees cost \$35/share. Weekly milk delivery is available for a fee of \$5/share/month.

PRODUCT	QTY	PRICE	TOTAL	PRODUCT	QTY	PRICE	TOTAL
Cream		\$5.00/pt		Pork:			
Yogurt		\$5.00/qt		Tenderloin		\$7.75/lb	
Butter		\$12.00/lb		Loin Chops		\$5.50/lb	
Eggs		\$3.50/doz		Loin Roast (3-4 lbs)		\$5.50/lb	
Cheese				Honey Baked Spiral Ham		\$6.25/lb	
Jack (mild),		\$7.50/8 oz		Center-cut		\$6.75/lb	
Cheddar,		\$11.30/12 oz		Ham Steak			
Colona (sharp)		\$15.00/lb		Bacon		\$6.00/lb	
Bread		\$5.50/loaf		Pork Cutlets		\$5.75/lb	
Dakota, 7-Grain		\$5.50/loaf		Pork Brats & Sausage		\$6.50/lb	
Oat Sunflower		\$6.50/loaf		Ground Pork		\$5.75/lb	
Spelt				Lamb (custom) (half or whole lamb)		\$1.45/lb live wt (\$50 deposit)	
Gluten-free Oats		\$10.50/ 2 lb bag		Beef (custom) (quarter, half or whole beef)		\$1.40/lb live wt (\$50 deposit)	
Granola		\$6.50/lb		Landmark Harvest Beef Cuts:			
Raw Honey		\$6.50/pt \$13.00/qt		Ground Beef 1 lb patties (3)		\$6.00/lb	
Garden Greens: (available Mar-Sept)				Beef Steak:			
Salad Mix		\$5.00/½ lb		Filet		\$18.25/lb	
Arugula		\$5.00/½ lb		KC Strip		\$13.95/lb	
Spinach		\$5.00/½ lb		T-Bone		\$14.25/lb	
Tomatoes (available Jun-Sep)		\$3.00/lb		Ribeye		\$14.25/lb	
Potatoes:				Sirloin		\$10.45/lb	
Yellow		\$3.00/bag		Round		\$6.75/lb	
Red		\$3.00/bag		Sirloin Tip		\$5.75/lb	
Russet		\$2.50/bag		Minute		\$5.75/lb	
Culinary Herbs		\$2.50/ea		Beef Roast:			
Fruit Shares: apples, cherries, plums, and peaches available mid-June-Oct. Contact Seth or Caitlin Roberts at weathervanefarm@gmail.com to purchase a share.				Round		\$5.45/lb	
Recommended Reading:				Chuck		\$4.95/lb	
<i>The Untold Story of Milk</i>		\$20.00/ea		Buffalo:			
<i>Nourishing Traditions</i>		\$25.00/ea		Burger		\$6.00/lb	
Chicken:				Bratwurst		\$6.75/lb	
Whole Chicken		\$2.75/lb		Summer Sausage		\$8.00/lb	
Breast (skin-on)		\$6.00/lb		New York		\$14.00/lb	
Legs/Thighs (dark meat)		\$4.00/lb		Ribeye Steaks		\$16.00/lb	
Smoked Turkey		\$4.50/lb					

Please email your order to David Lynch at farmerlynch@msn.com and mail your check payable to: Colorado Grown, 15264 C.R. 350, Buena Vista, CO 81211. Thank You!

TOTAL:

